

Croftlands Infant School Curriculum Map 2022/23

Our scheme of work for PE and Sport

Our curriculum maps for PE and sport were devised by merging the National Curriculum aims and purposes with the 'Get Set 4 PE' scheme of work. Our core values and vision for PE and sport are embedded throughout. This ensures all children have the opportunity to develop their health and fitness, acquire and practice new skills, evaluate and improve their performance, learn dance movements and patterns, take part in team games, explore movements and actions in gymnastics, improve their ability to throw and catch and complete a range of activities in athletics.

Squiggle Whilst you Wiggle in EYFS

Squiggle Whilst you Wiggle uses dance and large movements to help children develop the fine muscle control they need for writing. They will learn a new gross motor movement to a piece of music whilst holding 'flipper flappers' (small squares of fabric). Whilst dancing along to the music, the children will be following the teachers' instructions and movements. The children then transfer these movements to floor level and swap their flipper flappers for writing tools (crayons/ pens) to make marks, this could be in foam, on paper, in sand etc. They will then use this action to think of letters they can form that uses this shape. These sessions are great fun, but most importantly help children's gross and fine motor skills, alongside their mark making skills.

| Foundation Stage Curriculum Map for Physical Education | | | | | | |
|--|---|---|---|---|---|---|
| | Autumn Term 1 | Autumn Term 2 | Spring Term 1 | Spring Term 2 | Summer Term 1 | Summer Term 2 |
| 2-3 Year Room | See Sequence Curriculum Squiggle to Wiggle | See Sequence Curriculum Squiggle to Wiggle | See Sequence Curriculum Squiggle to Wiggle | See Sequence Curriculum Squiggle to Wiggle | See Sequence Curriculum Squiggle to Wiggle | See Sequence Curriculum Squiggle to Wiggle |
| Year N | Settling into Nursery | Introduction to PE- Unit 1 | Ball Skills- Unit 1 | Dance- Unit 1 | Fundamentals- Unit 1 | Games- Unit 1 Gymnastics- Unit 1 |
| Year R | Introduction to PE- Unit 2 | Ball Skills- Unit 2 | Gymnastics- Unit 2 | Fundamentals- Unit 2 | Games- Unit 2 | Dance- Unit 2 |
| | Yoga- YoKids | Dance- Louise Walton | Football- Barrow AFC | Rugby with Barrow Raiders | | Cricket |

Key Stage 1 Curriculum Map for Physical Education

| | Autumn Term 1 | Autumn Term 2 | Spring Term 1 | Spring Term 2 | Summer Term 1 | Summer Term 2 |
|--------|--------------------------|-----------------------------|--------------------------|-----------------|---------------------------|---------------|
| Year 1 | Ball Skills | Sending and Receiving | Fitness | Gymnastics | Invasion Games | Athletics |
| | Dance with Louise Walton | Ball Skills with Barrow AFC | Yoga with YoKids | Large Apparatus | Cricket | Rugby |
| Year 2 | Ball Skills | Gymnastics | Sending and Receiving | Fitness | Invasion Games | Athletics |
| | Football with Barrow AFC | Yoga with YoKids | Dance with Louise Walton | Cricket | Rugby with Barrow Raiders | |